

This is me. I am happy. My heart is full.

My heart is full.

I am happy for what I have.

I say thank you.

I am grateful.

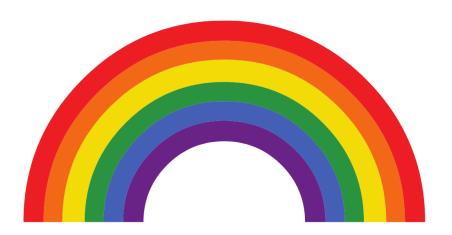
I am grateful for my family and my home.

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I am grateful when		
I am grateful when		

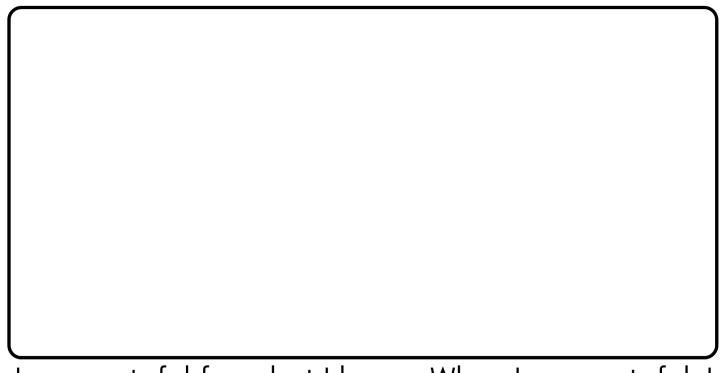
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I am grateful for	
I am grateful for	

I say thank you when

8



I am grateful.



I am grateful for what I have. When I am grateful, I am happy. Being grateful helps me feel positive.

